

*Jay Cushion*

*User*

*Instruction*

*Manual &*

*Warranty*



## INSTRUCTIONS FOR USE

Your Jay® Cushion has been engineered to provide a high degree of pressure relief, comfort, stability, and posture support. To ensure proper use of your cushion, please read these simple directions and save for future reference.

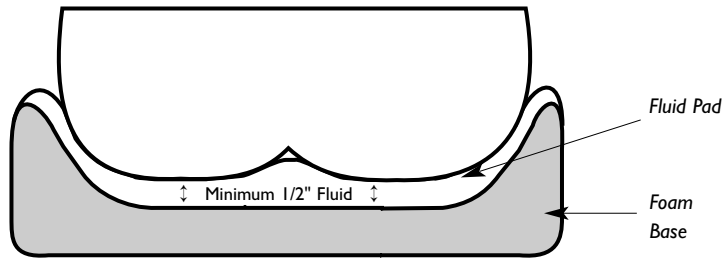
### Fitting the cushion

Consult your therapist or physician for assistance in choosing and fitting the cushion. Select a cushion width to match your hip width. For proper leg support, make sure the cushion length comes to within 1 - 2" (3 - 5 cm) of the back of your knee. Place the cushion back as far as possible in the chair. To achieve the lowest sitting pressures possible, the footrests should be adjusted low enough to allow legs to rest comfortably on the cushion front. (Proper foot rest adjustment can help decrease peak pressures by up to half.)

When sitting on the Jay Cushion, your ischials (seat bones) should be centered on the fluid portion of the cushion. If you slouch significantly, you will want to order a Quadrant Fluid Pad to prevent the fluid from pooling behind you. If your back upholstery is overly stretched, you should replace it, preferably with a J2 Back, Jay® Care Back or Jay Active™ Back.

### Check for bottoming out

The Jay Cushion is specifically designed to prevent bottoming out under the ischials (seat bones) and coccyx (tail bone). However, after the first two minutes, the first full day of sitting, and monthly thereafter, the cushion should be checked for bottoming out. (Bottoming out is most likely to occur on extremely thin users.)



To check for bottoming out, sit on your Jay Cushion without its cover for two minutes. Lift yourself off the cushion (or have someone lift you) without disturbing the fluid. Examine the points where your ischials and coccyx were positioned. You should be able to push away at least 1/2" (1 cm) of fluid at these points before touching the foam base below. **If the cushion is properly positioned and there is less than 1/2" (1 cm) of fluid remaining at these points, the cushion is bottoming out and should not be used.** If you are newly

injured, a 1" (2 cm) depth of fluid is recommended due to the possible occurrence of post-injury atrophy. If you are bottoming out, you may need an over-filled pad or fluid supplement pads to add to your cushion. To arrange for an overfilled cushion or fluid supplement pads, call your local supplier or Sunrise Medical Customer Service at (303) 218-4500 or (800) 648-8282.

### Caution:

The clinical indicator for tissue breakdown is skin redness. Periodically check your skin for redness. If skin redness occurs, discontinue the use of the cushion, and see your doctor or therapist immediately.

### EASY MAINTENANCE

Your wheelchair cushion is a very important part of your life. Keeping your cushion in good condition may ensure many years of use. The fluid in the Jay Cushion should require no regular maintenance. However, monthly cleaning is recommended. Both the fluid pad and foam base should be washed monthly by wiping with warm water and soap. Do not steam autoclave. The cover can be machine washed and dried. Do not dry clean.

Inspect your cushion during cleaning. Check the cover for tears or excessive wear. Check the base to ensure that any accessories are still in the right position. Inspect the fluid area for punctures and fluid consistency. If you ever feel the fluid is firmer in one area, simply knead the fluid back to its original consistency and/or call Sunrise Medical.

### To reassemble after cleaning:

1. Attach fluid pad to foam base along one side, at front and rear Velcro® attachment points. Secure pad at center rear seam. Then attach the second side, same as first.

**Note:** The rear of the fluid pad is significantly wider than the foam base. This excess width ensures cushion conformity to even the most severe bony prominences. Excess fluid pad bulk should be distributed evenly between the points of attachment.

2. Check for bottoming out as described previously.
3. Re-attach cover with the Jay Cushion label on the side and the content labels in the back.

### Use Jay Covers only

The use of an improper cover can adversely affect the performance of the Jay Cushion. Use only Jay-designed covers in conjunction with the Jay Cushion. To improve air circulation at the cushion surface and aid in control of perspiration, we recommend purchasing the optional AirExchange™ cover. Incontinence-resistant covers are available so that the cushion does not have to be washed after accidental spills.

## Caution

The Jay Cushion is designed to help prevent the incidence of pressure sores. However, no cushion can completely eliminate sitting pressure or pressure sores. The Jay Cushion is not a substitute for good skin care, including: proper diet, cleanliness, and regular pressure reliefs. In addition, prior to prolonged sitting, any cushion should be tried for a few hours at a time while a therapist or doctor inspects the skin to ensure that red pressure spots are not developing. Users should regularly inspect their cushions to ensure against bottoming out and check their skin for redness. **If your skin develops redness, discontinue use of the Jay Cushion and see your doctor or therapist.** In addition: avoid sharp objects or exposure to excessive heat or open flame. If the cushion is left outside overnight at temperatures below 40°F (5°C), allow to warm to room temperature before using. Sitting on cold surfaces can cause skin damage.

## COMMON QUESTIONS ABOUT THE JAY CUSHION

### Why the wrinkles in the back of the cushion?

Because they ensure total cushion conformity to your ischials and coccyx, no matter how bony. (Most other cushions cannot conform or provide pressure relief because your ischials and coccyx become suspended on the inelastic surface of the cushion.) And don't worry about the wrinkles because they actually imbed themselves in the fluid, so that you sit on a smooth surface.

### Why is the Jay Cushion so firm?

It has to be firm to give proper posture support. The Jay Cushion supports against leaning and it supports against slouching. It simply could not do this if it were soft or giving. (Posturepedic mattresses and office chairs are also firm.) Yet the Jay Cushion conforms so perfectly to you that it can provide adequate comfort.

## MORE JAY PRODUCTS

### J2 Back

The first truly integrated back support for your wheelchair. The J2 Back is comfortable, adaptable, and lightweight. Lateral supports, angle adjustability, and simple removal and attachment make the J2 Back the most sophisticated back support available today. A back support has never been so important.

### Jay® Adjustable Solid Seat for a firm base of support

The Jay Cushion works even better on a solid base of support. You'll sit straighter, with less slouching and less tendency for your legs to rub together. The Jay Adjustable Solid Seat replaces the cloth upholstery on your wheelchair with an easily removable seat that is fully adjustable in width, depth, height, or angle, depending on your individual positioning needs.

### Jay Protector™ for bath, car, recreation

Ask your supplier for a free demonstration of the Jay Protector. It helps protect the skin for short periods of time when you leave your wheelchair.

## 24 MONTH LIMITED WARRANTY

Each Jay Cushion is carefully inspected and tested to provide peak performance. Every Jay Cushion is guaranteed to be free from defects in materials and workmanship for a period of 24 months from the date of purchase, provided normal use. Should a defect in materials or workmanship occur within 24 months from the original date of purchase, Sunrise Medical will, at its option, repair or replace it without charge. This warranty does not apply to punctures, tears or burns, nor to the cushion's removable cover.

Claims and repairs should be processed through the nearest authorized supplier. Except for express warranties made herein, all other warranties, including implied warranties of merchantability and warranties of fitness for a particular purpose are excluded. There are not warranties which extend beyond the description on the face hereof. Remedies for breach of express warranties herein are limited to repair or replacement of the goods. In no event shall damages for breach of any warranty include any consequential damages or exceed the cost of non-conforming goods sold.



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(303) 218-4500 or (800) 648-8282

In Canada (800) 263-3390

Jay Cushions are manufactured under one or more of the following patents plus other patents pending:

U.S. Patent # 4,588,229; 4,660,238; 4,726,624; 4,761,843; 4,842,330; 5,018,790; 5,352,023; 5,362,543; 5,369,829; 5,390,384; 5,395,162;  
5,457,833; 5,490,299; 5,397,517; 5,255,404, and other foreign patents..