

## Molift Raiser - Suitable for Single Handed Care Use

### User Instructions

1. The user's feet are placed on the footplate.
2. Adjust the height of the lower leg to approximately two inches below the user's knees.
3. Lock both wheels by pressing down the brake on one side. Both wheels lock regardless of which side you step on.

 NB! The wheels must always be locked when the user stands up and sits down.

4. Secure one side of the strap/sleeve/belt to the frame using the loop and disc.
5. If the user requires assistance to stand using the strap/sleeve/belt, place the strap/sleeve/belt behind the user, with the non-slip material against the body and the lowest edge of the strap/sleeve/belt resting on the surface of the chair. If you are using the belt, secure around the user, with the clasp.
6. Ask the user to grasp the frame in a comfortable position. The user can hold any part of the grey ladder/handles
7. A) If assisting the user to stand using the strap/sleeve/belt, get ready in a stable and safe starting position. We recommend that you stand to the side of the Molift Raiser, in a step forward posture, with your nearside hand placed on the top of the Molift Raiser and your other hand grasping the handle of the strap/sleeve/belt, ensuring that you keep a straight back.

 NB: Use your risk assessment or consult with your manual handling lead, or back care adviser if you are unsure.

- B) If the user is standing independently, without the use of the strap/sleeve/belt, stand facing the user and provide a counter balance during the sit to stand transfer by placing your foot on the footplate and holding onto the frame.
8. Encourage the user to stand up. If assisting with the strap/sleeve/belt, gradually pull the strap to assist the user to stand. It's a good idea to utilize effective weight transfer principles when assisting a user, maintain eye contact and communicate clearly.

NB: When using the Molift Raiser during sit/stand transfer, a counter balance must be applied during each phase of transfer. Your method for applying a counter balance may vary, eg, use of the strap/sleeve/belt or by placing a foot on the footplate and by bracing the frame. Your method of applying a counter balance should be agreed during your risk assessment.

9. When the user is standing, secure the strap/sleeve/belt to the frame using the loop and disc.
10. Release the brake with one foot.
11. Manoeuvre the Molift Raiser backwards and then steer it towards the new seating position. Make sure that any wheels are locked on the new seating. The transfer is best done with the user facing the direction of travel.
12. Depress the brake on one side, to lock both wheels.
13. Unhook the strap/sleeve/belt on the side you intend to provide assistance from, to prepare for stand to sit transfer.
14. Get ready in a stable and safe starting position, at the side of the Molift Raiser, with your near side hand securely on top of the handle. Encourage the user to begin sitting, as you step forward into a safe and stable position, gradually releasing the strap to lower the user. Keep contact with the user throughout the stand to sit transfer and maintain eye contact with the user during the entire transfer process.

 NB: When using the Molift Raiser during sit/stand transfer, a counter balance must be applied during each phase of transfer. Your method for applying a counter balance may vary, eg, use of the strap/sleeve/belt or by placing a foot on the footplate and by bracing the frame. Your method of applying a counter balance should be agreed during your risk assessment.

The Molift Raiser has been designed for use with single or multiple carers. We recommend the use of safety straps for all transfers between point A and point B. The safe transfer distance should be determined during your risk assessment, though we would not recommend crossing a raised threshold. It is important that a risk assessment is carried out prior to using the Molift Raiser. In each individual case, assess the risks and take notes. Evaluate the user's ability to use the product and if needed use any suitable accessories. You as a carer are responsible for the safety of the user.

## Raiser Training Videos

Standing transfer using raiser with a single carer



Standing transfer using Raiser, RaiserBelt with a single carer



Standing transfer using Raiser with one arm with a single carer



Standing transfer using Raiser, RaiserStrap with Sleeve and a single carer



Repositioning in a chair using the Raiser with a single carer



Using the Raiser for personal care with a single carer



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